

**11<sup>th</sup> International Day of Yoga**  
**Saturday 21st June, 2025**  
**Chulalongkorn University Ground, Bangkok**

- 05:00 hrs. : Assembly of Yoga participants / T-shirt distribution
- 06:00 hrs. : Arrival of high dignitaries at the venue
- 06:30 hrs. : Welcome remarks by the Ambassador of India to Thailand
- 06:35 hrs. : Remarks by Guest of Honour (TBC)
- 06:40 hrs. : Yoga demonstration
- 06:45 hrs. : Yoga session
- 07:45 hrs. : Distribution of refreshment
- Event concludes

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